



Meeting Summary
Tuesday, February 28th 2022, 2:00
Bike Walk Wichita 325 St. Francis

Our mission: Promote physical activity and good nutrition for every generation living in the greater Wichita area through people, programs, and policies.

1. **Partner Spotlight - Bike Walk Wichita** presentation given by Kim Neufeld.
2. **Coalition Updates**
 - a. Food Council Update - did you know the City and County are appointing a Food and Farm Council? 5 of 7 spots filled from the City, 1 of 7 spots filled from County. Filling spots based on food system roles. Email me for more information. SHARE this info with anyone that might be interested.
 - b. Working Well Conference - see flyer! Planning is coming together with a great list of speakers, sponsors and vendors! Theme is the VIP backstage pass to wellness.
 - c. HWC Strategic Planning - read the document [here](#).
3. **Physical Activity in Wichita**
 - a. Connecting to the mission - Why we do what we do.
 - i. BRFSS data on Physical Activity - see document with minutes
 - ii. WAMPO data - see document with minutes
 - iii. 1,000 hours outside tracker and newsletter - see document with minutes
 - b. The following community partners gave a brief presentation:
 - i. Senior Services
 - ii. Run Wichita/Parkrun
 - iii. Wichita Sports Commission
 - iv. Fartleks
 - v. Bike Ped Advisory Board/Master Plan
 - vi. YMCA
4. **What are we missing and how are we engaging residents?** Meeting attendees brainstormed the following items:
 - a. How do we engage residents?
 - i. Community fun runs!
 - ii. Older adult transportation
 - iii. Sporting events for older adults
 - iv. More street shutdown block parties
 - b. North Wichita
 - i. Evergreen Story Walk
 - ii. Bungee Fit
 - iii. C.H.D. Boxing Club
 - iv. League 42 - not able to attend
 - v. WSU Campus Recreation
 - vi. Shocker Track Club
 - vii. Bliss Climbing
 - viii. Chicken and Pickle
 - ix. ICT Legacy Cheer & Tumble
 - x. Club Parkinson's
 - xi. Great Plains Nature Center
 - xii. Hernandez Boxing Club
 - xiii. Azteca Soccer Club
 - xiv. Open Streets Nomar
 - xv. Shocker Walking Path?

- c. East Wichita
 - i. Stryker/WRSA Soccer League
 - ii. Wichita Sports Forum
 - iii. Wichita Swimming School
 - d. South Wichita
 - i. Cliff Climb Club
 - ii. Sand Volleyball at OJ Watson Park
 - iii. Mini golf at OJ Watson Park
 - iv. Pickleball Courts
 - v. Darner Park Haysville
 - vi. Sand Volleyball Haysville
 - vii. Derby Walkie Talkies
 - viii. Haysville Elementary D.U.D.E.S - Girls on the Run for boys
 - ix. Haysville Activity Center
 - x. Derby/Oaklawn Rec Center
 - e. West Wichita
 - i. Sedgwick County Zoo/Park
 - ii. Prairie Sunset Trail
 - iii. Prairie Travelers
 - iv. Air Capital Mountain Bike Trail
 - f. Community-wide
 - i. Wichita Women Who Walk Facebook group
 - ii. Get Outdoors Kansas
 - iii. Genesis
 - iv. First Tee Golf
 - v. She Runs This Town
 - vi. Prairie Fire Race Series
 - vii. Towne West Pickle Ball
 - viii. Kayaking/paddleboarding
 - ix. Open Streets ICT
 - x. City golf leagues
 - xi. Nature parks: Pawnee Prairie, Chisholm Trail, El Dorado State Park
 - xii. Boats & Bikes
 - xiii. KS River Triathlon Club
 - xiv. Splash parks and pools
 - xv. Storytimes at libraries
5. What is coming up
- vii. Parkrun - International Women's Day, celebrating all month
 - viii. Open Streets WSU - 4/18
 - ix. Tour de Wichita - 4/30
 - x. Bike Month - MAY
 - xi. Open Streets Nomar - 5/7

4. Networking/Good News/Upcoming Activities/Events

- a. March for Meals Campaign to recruit more Meals on Wheels volunteers. Drivers needed M-F for 30 minutes to one hour. Contact Stacy stacyb@seniorservicesofwichita.org to volunteer.
- b. 20th annual Step up for Kids event April 29th at Cowtown
- c. Club Parkinson's is hosting a St. Patty's day 5K on 3/19, golf tournament April 24th. Scheduling tours of Club Parkinson's on Mondays, contact to sign up. info@clubparkinsons.org
- d. Joe S. offers evidence based programming through Central Plains Area Agency on Aging joseph.samaniego@cpaaa.org
- e. The Salvation Army mobile food pantry continues at 4 locations, also starting a recovery home with support for life skills. To learn more contact Dulcy dulcy.palnau@usc.salvationarmy.org
- f. Child Start employee health fair on April 7th, contact Jessica jengelbert@childstart.org
- g. The Wichita Public Library Big Read is on the topic of caregiving

- h. The Active Age publication is featuring Health & Wellness in April, also offers a free calendar to promote events.
- i. Ana promoted Open Streets Nomar on 5/7 and mentioned the Filling the Gaps sites for spring break.

Next meeting: March 28, 2023 2pm Virtual Partner Spotlight

